



Leonard Bernstein

(1918 - 1990)

Chichester Psalms

(1965)

III

Ps. 131, entire: *Adonai, Adonai,
Lo gavah libi,
V'lo ramu einai,
V'lo hilachti
Big'dolot uv'niflaot
Mimeni.
Im lo shiviti
V'domam'ti,
Naf'shi k'gamul alei imo,
Kagamul alai naf'shi.
Yaḥel Yis'rael el Adonai
Me'atah v'ad olam.*

Ps. 133, vs. 1: *Hineh mah tov,
Umah nayim,
Shevet aḥim
Gam yahad.*

Lord, Lord,
My heart is not haughty,
Nor mine eyes lofty,
Neither do I exercise myself
In great matters or in things
Too wonderful for me.
Surely I have calmed
And quieted myself,
As a child that is weaned of his mother,
My soul is even as a weaned child.
Let Israel hope in the Lord
From henceforth and forever.

Behold how good,
And how pleasant it is,
For brethren to dwell
Together in unity.